

**GOVERNMENT OF TELANGANA  
DEPARTMENT OF TECHNICAL EDUCATION  
OFFICE OF THE  
COMMISSIONER OF TECHNICAL EDUCATION  
TELANGANA :: HYDERABAD**

Sub: Technical Education – T & P Section – Nomination of coordinators from each Polytechnic called for HELP Programs– Reg.

Ref: Mail received from Bharath Madhavan, Heartfulness Education Programs, Dated: 08.01.2021.

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With reference to the above cited, the Principals of all Government Polytechnics under the control of this Department are informed that, Bharath Madhavan, of Heartfulness Education Trust from Wonder, Wisdom are offering online course HELP which is a 20-hours life skill program for students.

Heartfulness Educational Trust will have a co-branding partnership approach with the Polytechnic colleges where the Principals of GPT's have to appoint one coordinator (SPOC) from each institute to ensure that students will register and attend the HELP sessions via online zoom platform. The coordinators from Heartfulness Educational Trust will be Ms. Sangeetha Pedagopu (+919866771027) and Divya Darshan (+919666915555) who will coordinate with respective coordinators in the college. HELP program will be conducted in 3 batches per month with a maximum participation of 1000 students per batch. The details of registration process, attendance process, certification process are enclosed along with this circular memo. The link for the online registration form is <https://tinyurl.com/REG-HELP-4-DTE-TS-2021-ONLINE>

<b>HELP BATCHES FOR TELANGANA STUDENTS</b>			
	JANUARY 2021 MON 18th to FRI 12th FEB	FEBRUARY 2021 MON 15th to FRI 12th MAR	MARCH 2021 MON 15th to FRI 12th APR
BATCH - 1	4:00pm - 5:00pm	4:00pm - 5:00pm	4:00pm - 5:00pm
BATCH - 2	5:00pm - 6:00pm	5:00pm - 6:00pm	5:00pm - 6:00pm
BATCH - 3	6:00pm - 7:00pm	6:00pm - 7:00pm	6:00pm - 7:00pm
<b>TOTAL</b>	<b>3000 Students</b>	<b>3000 Students</b>	<b>3000 Students</b>

In this connection, the Principals of Government Polytechnics are hereby informed to send the name of the coordinator to this office through mail id: [adtrg.ts@gmail.com](mailto:adtrg.ts@gmail.com).

The receipt of this memo shall be acknowledged.  
(This has the approval of the CTE, Telangana)

Encl: As above

Signature valid

Digitally signed by A SWAMY  
Date: 2021.01.11 11:57:14 IST  
Reason: Approved  
PO COMMISSIONER

To  
The Principals of all Govt. Polytechnics under control  
of the Department of Technical Education, Telangana.  
Copy to the Secretary, SBTET, T.S., Hyderabad.  
Bharath Madhavan, Heartfulness Educational Trust.



To  
Shri. Naveen Mittal IAS,  
Commissioner, Department of College Education and Technical Education,  
Government of Telangana

Subject: Planning Details of HELP programs for Polytechnic Students

Dear sir,

We are very happy to hear that you have given the go-ahead to implement our online HELP program to cover all the students at Polytechnic colleges that comes under your purview. As per our discussion with Smt. Arundhathi, Training and Placement Officer, we will now get into the planning and implementation details so that we can smoothly cover all the students in multiple batches via online HELP program.

The proposal that we had submitted is a co-branding partnership approach where the responsibility to ensure that students register and attend our HELP sessions is owned by DTE and the respective colleges and the program execution ownership is completely taken care by HET (Heartfulness Education Trust).

In our call, Smt. Arundhathi mentioned that the chances of colleges re-opening in January is remote and that we should consider offering HELP as 'after-hours' classes, starting from January. In line with this, we can prepare to conduct the HELP program in 3-batches per month with a maximum participation of 1000 students per batch as shown in this table below.

HELP BATCHES FOR TELANGANA STUDENTS			
	JANUARY 2021 MON 18th to FRI 12 <sup>th</sup> FEB	FEBRUARY 2021 MON 15 <sup>th</sup> to FRI 12 <sup>th</sup> MAR	MARCH 2021 MON 15 <sup>th</sup> to FRI 12 <sup>th</sup> APR
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<b>TOTAL</b>	<b>3000 Students</b>	<b>3000 Students</b>	<b>3000 Students</b>

If you feel we may need to change the timings and even make it within the 'college-hours' or morning timeframes, we are flexible and willing to do so.

When we offer courses like this, the big question that comes up is how to motivate students to attend such programs. As we all understand, it is difficult for students to know the importance of such life-skills, tools and practices at this young age and it is our solemn duty to inculcate such skills and values in them. My humble opinion is, if we simply say those who are interested can attend, it will not have the expected impact and necessary drive behind the initiative. I feel we can come up with a very simple way of **Registration → Attendance → Certification** process which can help encourage students to attend without fail.



**Registration Process:** We feel the registration process has to be owned and done by the DTE / Colleges. We have created an “ONLINE REGISTRATION FORM” that can be used by DTE / Colleges and given to all the students to register. We hope that the DTE / Colleges will **encourage and promote** this registration process amongst all students. The registration link is as follows and it collects the following information:

<https://tinyurl.com/REG-HELP-4-DTE-TS-2021-ONLINE>

- Student Name
- Phone Number
- Email Address
- College Name
- District
- HELP Batch Selection

**Attendance Process:** We can do this collectively: we take the responsibility of “taking attendance” and the respective colleges can take the responsibility of “effective participation”. Since we are conducting the HELP program on zoom platform, we can take the responsibility of daily attendance for all the ongoing batches. How do we deal with absentees and ensure maximum participation? We can take the following approach:

**In the beginning itself, you can give us the list of colleges and one SPOC on a per-college basis. We will assign a coordinator from our end who will be in touch with the respective SPOC.** We will pass on the college-level attendance to the respective SPOCs on a daily basis and the respective college SPOCs will have to ensure participation. Our Coordinators who will work with the respective SPOCs are:

- Sangeetha Pedagogu: +91 98667 71027
- Divya Darshan: +91 96669 15555

**Certification Process:** This HELP program offers a joint certificate from HET and DTE, jointly signed by DTE commissioner and the Global Guide of Heartfulness. We will issue the certificates ONLY to students who attend atleast 18 out of 20 sessions (90%). We will report to the DTE training office and senior management to show how many students got the certificate on a monthly basis. This way, the respective colleges will ensure participation.

Hope this approach will work for a successful execution of this program. Together, we will work towards making the future bright and promising for our today’s youth. Looking forward to hearing from you regarding this approach.

Yours sincerely

Bharath Madhavan  
Heartfulness Education Programs  
+91 99401 42673